

Tower Hamlets Mental Health Strategy Delivery Plan 2014-16

| Pillar | Commitment | Action | Lead officer | Timescale | Comments | RAG |
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| BEING BORN AND GROWING UP IN TOWER HAMLETS | | | | | | |
| Building resilience: mental health and wellbeing for all | As part of partnership work across health, local authority, voluntary and community sectors we will improve the availability and consistency of support during pregnancy and in the first year of life to promote parent/infant attachment, parent and infant communication and emotional regulation in order to promote lifelong resilience and mental health and wellbeing. | We will map current services available to support maternal and infant mental health in order to identify gaps, improve access for groups at higher risk, improve coordination across services and develop proposals to strengthen the universal tier of the service (including Maternity services, Health Visiting and services delivered from Children's Centres, primary care and by voluntary and community organisations) (CYP) | Esther Trenchard-Mabere, Public Health Consultant, LBTH | March 2014 complete mapping and prioritisation June 2014 proposal for training programme to support universal tier of service plus recommendations for strengthening targeted services | Mapping completed, two multi agency workshops held first to inform mapping process and second to inform proposals to strengthen the universal tier of the service. Currently developing service specifications with the intention to go out to procurement September/October 2014 subject to agreement of funding. | G |
| Not Due Yet | | | | | | |
| Building resilience: mental health and wellbeing for all | As part of our coordinated work to design new pathways of support for children and young people, we will work across the Partnership to develop an anti-stigma campaign specific to children and young people (CYP) | We will develop a public mental health and well-being programme which will include a portfolio of evidence based public mental health interventions, which will identify how we will deliver this, alongside other public mental health commitments over 2014/16 | Paul Iggledun, Public Health Consultant, LBTH | September 2014 for plan | | |
| High Quality Treatment & Support | We will develop a model for taking a family orientated approach to mental health across the partnership to be integrated into practice, where people with a mental health problem are parents (CYP, AWA) | | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | December 2015 | | |
| Building resilience: mental health | In our review of the School Health Service, we will ensure that promotion of emotional health and well-being health is considered as a central component of future commissioned | We will ensure that the roles of school nurses in relation to emotional health and well-being are clearly articulated in | Esther Trenchard-Mabere, Public | December 2014 | | |

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| and wellbeing for all | services. We will in 2015 and beyond consider the role of health visitors in promoting emotional health and wellbeing (CYP). | specifications for the procurement of the School Health service. | Health Consultant, LBTH | | | |
| High Quality Treatment & Support | As part of our coordinated work to design new pathways of support for children and young people, we will ensure that they take account of the life events that impact on young people with mental health problems, including leaving education, leaving home, leaving family, emerging autonomy (CYP) | We will develop a refreshed service model for child and adolescent mental health services. A project board will be set up across all stakeholders to oversee this work including the development of a set of service specifications to deliver the refreshed service model. This will include consideration of the impact of potential changes to the CAMHS service model to services for adults of working age. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Karen Badgery, Service Manager Childrens Commissioning, LBTH | Project board in place by end March 2014; service model and specifications delivered by March 2015 | Project plan in place; advisory group in place; work progressing | G |
| High Quality Treatment & Support | As part of our coordinated work to design new pathways of support for children and young people, we will ensure that they take account of the requirements of, and emergent good practice in relation to, the Children and Families Act 2014 (CYP) | | | | | |
| High Quality Treatment & Support | As part of our coordinated work to design new pathways of support for children and young people, we will consider how to most effectively provide support to children at risk, including looked after children, and in particular how to most effectively support children's social care staff with developing knowledge and skills around mental health (CYP) | | | | | |
| High Quality Treatment & Support | As part of our coordinated work to design new pathways of support for children and young people, we will develop a new model of Tier 2 mental health support to schools, childrens centres, colleges and youth services. This will incorporate specialist mental health support, mentoring programmes, and generic support provided via the Healthy Child and Nutrition Programme. We will review the evidence base which underpins interventions. This will also include consideration of formal and informal training needs of the school nursing service and the school workforce around mental health, and standards for school counseling. We will consider the possibilities of using social media and new technologies in developing our offer to schools (CYP) | | | | | |
| High Quality Treatment & Support | As part of our coordinated work to design new pathways of support for children and young people, we will consider Tier 2 and 3 CAMHS services, with the aim of ensuring that waiting times are as little as possible, that people who do not attend are robustly followed up, and that access to services by BME communities are in line with what we would expect (CYP) | | | | | |

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| BEING AN ADULT IN TOWER HAMLETS | | | | | | |
| High Quality Treatment & Support | In the context of our Mental Health Accommodation Strategy, we will review our resettlement and rehabilitation team pathways in order to ensure they are working effectively, and in this context that specialist accommodation providers are appropriately supported by specialist services (AWA) | We will continue the work to remodel and recommission resettlement and rehabilitation team pathways. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Review and commissioning plan complete by April 2014 | Funding arrangements in place for 14/15 for Resettlement Team; further work planned to remodel services by end of year. | A |
| High Quality Treatment & Support | We will increase the capacity of the Primary Care Mental Health Service to support more clinically appropriate service users to access its support, including service users who require depot medication or who are in receipt of a commissioned social care service (AWA) | We will develop service and activity model for the primary care mental health service (including social care) | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Refreshed service model design in place by June 2014 | Work to develop primary care based mental health services currently underway; new capacity has been resourced by the CCG as part of 2014/15 plans | A |
| High Quality Treatment & Support | We will work with East London NHS Foundation Trust to further develop the interface between primary and secondary care, with a particular focus on provision of population based advice and support to practices, and the development of primary care consultation by consultant psychiatrists and other mental health professionals (AWA, OP) | | | | | |
| High Quality Treatment & Support | With East London NHS Foundation Trust, we will further develop opportunities for practice based clinics (AWA) | | | | | |
| High Quality Treatment & Support | We will in particular ensure that in the re-commissioning of tobacco cessation and obesity services, that access for people with a serious mental illness is addressed (AWA) | We will procure tobacco cessation and obesity services to explicitly include access for people with a serious mental illness. | Chirs Lovitt, Public Health Consultant LBTH, and Esther Trenchard Mabere, Public Health Consultant, LBTH | June 2014 | The following was specified in the procurement exercise and in the contract as service specification:- <ul style="list-style-type: none"> Those living with severe or enduring mental illness within the community Those who may be smoking tobacco along with the use of illegal | G |

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| | | | | | <p>substances such as cannabis</p> <p>Services have now been recomissioned and we are mobilising new contracts.</p> <p>The target groups for the Fit 4 Life Programme are adults aged 18+ who are motivated to change their diet, activity and weight and who have mental illnesses.</p> <p>We have also re-procured our health trainer programme and the specification for this service includes integration with the mental health trainers service.</p> | |
| Living well with a mental health problem | We will commission, via non-recurrent funds, a provider or consortium of providers to develop a self-sustaining recovery college (AWA) | We will test the viability of this approach to commissioning a recovery college. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | June 2014 | Contracted with East London FT to work with local providers to develop during 14/15 | G |
| Not Due Yet | | | | | | |
| Building resilience: mental health and wellbeing for all | We will refresh our review of day opportunity and support services, with a view to considering how the expertise and dynamism of voluntary sector services, and their closeness to the various communities of Tower Hamlets, can support our aspiration for more accessible targeted prevention services for all communities (AWA) | We will develop a refreshed model for the delivery of day opportunity and support services, with an accompanying procurement plan. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Service model and procurement plan in place by September 2014 | | |
| Building resilience: mental health and | We will work with the Ideas Stores to capitalize on opportunities for improving access to self help support and | We will develop a public mental health and well-being programme which will | Paul Iggledun, Public Health | June 2014 for plan; | | |

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| wellbeing for all | bibliotherapy (AWA, OP) | include a portfolio of evidence based public mental health interventions, which will identify how we will deliver this, alongside other public mental health commitments over 2014/16 | Consultant, LBTH | commitment commissioned by end March 2015 | | |
| Building resilience: mental health and wellbeing for all | We will review our existing investment into supporting service users via the Forensic Mental Health Practitioner and the Link Worker Scheme, to ensure it is optimally deployed (AWA) | Following the development of the Offender health JSNA factsheet; we will review the Forensic Mental Health Practitioner and the Link Worker Scheme | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Carrie Kilpatrick, Service Manager, Accommodation, LBTH | Review complete by March 2015 | | |
| Building resilience: mental health and wellbeing for all | We will work with probation and mental health service providers to ensure the successful delivery of support for offenders with mental health problems including personality disorder (AWA) | We will work with the Reducing Reoffending workstream of the Community Safety Partnership to ensure that mental health support is included within plans for Integrated Offender Management. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | March 2016 | | |
| Building resilience: mental health and wellbeing for all | We will implement the Hostels Strategy to ensure that appropriate support for people with mental health problems who are in hostels is built into the re-design of hostels (AWA, OP) | We will implement the Hostels Strategy. | Carrie Kilpatrick, Service Manager, Accommodation, LBTH | March 2016 | | |
| Building resilience: mental health and wellbeing for all | We will work with East London Foundation Trust to carry out a prospective audit of people who are admitted to hospital who were recorded as not previously known to mental health services in the borough. We will use this information to help plan how to better support early access to community services for this group of people in the future (AWA) | We will carry out a prospective audit of people who are admitted to hospital who were recorded as not previously known to mental health services in the borough. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Paul Iggledun, Public Health Consultant, LBTH | Audit complete by June 2015 | | |
| Building resilience: mental health and wellbeing for all | We will develop a referral and diagnostic pathway for people with ASD who are not eligible for mental health services, with clear thresholds for where people may | We will review and evaluate the new commissioned service mid way through the contract (at 18 months) | Barbara Disney, Service Manager, | Referral pathway developed by | | |

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| | require mental health services (AWA) | | Strategic Commissioning, LBTH | March 2015 | | |
| High Quality Treatment & Support | We will evaluate the effectiveness in improving mental and physical health outcomes of our new liaison psychiatry team pilot at the Royal London Hospital (AWA, OP) | We will evaluate the effectiveness of our new liaison psychiatry team pilot at the Royal London Hospital | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Evaluation complete by December 2016 | | |
| High Quality Treatment & Support | We will review talking therapies pathways across all providers of talking therapy services to inform future commissioning. We will in particular consider access to talking therapies for older people and people from BME communities (AWA, OP) | We will review talking therapies providers, and develop a commissioning plan for future talking therapies pathways. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Review and commissioning plan complete by September 2014 | | |
| High Quality Treatment & Support | In light of our work on talking therapies pathways and anti-depressant prescribing, we will consider the case for developing a primary care depression service, including support for employment (AWA, OP) | | | | | |
| High Quality Treatment & Support | We will consider the configuration of adult community mental health services in light of work to develop CAMHS services and our review of older adults mental health services (AWA) | To be considered in the context of the CAMHS service design and older adults review. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | March 2016 | | |
| High Quality Treatment & Support | We will work across health and social care commissioners and providers to develop care packages for payment by results, and in particular will consider the contribution of social work and social care (AWA, OP) | We will ensure that all preparatory work for payment by results is in place during the 2014/15 shadow year and monitor its impact. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | March 2015 | | |
| High Quality Treatment & Support | We will review the recent national guidance for the commissioning of perinatal mental health services published by the Joint Commissioning Panel for Mental Health, and the implementation of NICE ante and postnatal guidance. This will inform our strategic thinking about how best to ensure suitable and effective services for this group (AWA) | We will review perinatal services. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Review complete by March 2016 | | |

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| High Quality Treatment & Support | With the Drug and Alcohol Action Team we will review the design of support for people with a dual diagnosis including a serious mental illness and a substance misuse and/or alcohol problem (AWA) | We will review the dual diagnosis service model. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Rachael Sadegh, DAAT Coordinator, LBTH | Review complete by March 2016 | | |
| High Quality Treatment & Support | We will use the east London wide Home Treatment Team review and our local review of the Tower Hamlets Crisis House to inform our future commissioning of community crisis pathways (AWA) | Pending receipt of final evaluation, we will re-procure the Tower Hamlets crisis house. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | June 2016 | | |
| High Quality Treatment & Support | In the context of the pilot work detailed above, we will work across the Consortium with East London NHS Foundation Trust to consider the current crisis pathways, and identify any options for the future design of services that optimize safety, outcomes for service users, and value for money (AWA, OP) | | | | | |
| Living well with a mental health problem | We will work across the Partnership to self-assess our commissioning practice and service provision by statutory and voluntary sector partners, using the ImROC approach, as the starting point in the delivery of our ambitions to develop a recovery culture (AWA) | We will purchase the ImROC support pack to self-assess our recovery orientation across the partnership. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | March 2015 | | |
| Living well with a mental health problem | In our refresh of our review of voluntary sector day opportunity and support services, we will consider the appropriate range and balance of day opportunities services that should be provided in the borough (AWA) | We will develop a refreshed model for the delivery of day opportunity and support services, with an accompanying procurement plan. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Service model and procurement plan in place by September 2014 | | |
| Living well with a mental health problem | In particular, we will explore how peer support may be delivered as part of the new primary care mental health service, and how applications for user led grants can be encouraged from hard to reach groups (AWA, OP) | | | | | |
| Living well with a mental health problem | We will work across the Consortium to consider opportunities for developing, and commissioning, the shared decision making approach in practice (AWA, OP) | As part of self-assessing our recovery orientation across the partnership, we will review the extent to which service | Richard Fradgley, Deputy Director | March 2016 | | |

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| | | users feel they have control over care planning processes. | of Mental Health and Joint Commissioning, THCCG | | | |
| Living well with a mental health problem | We will develop capacity and capability for personal health budgets for people in receipt of continuing care funding, including mental health. We will look to pilot personal health budgets more generally in mental health, as more evidence accumulates nationally (AWA, OP) | We will pilot personal health budgets in mental health and ensure that revised service specifications promote and incentivise the take up of direct payments for social care. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | March 2016 | | |
| Living well with a mental health problem | We will review the services we jointly provide and commission to support people into employment. We will ensure that we consider the evidence on what works in our refresh of our review of voluntary sector day opportunity and support services (AWA) | We will develop a refreshed model for the delivery of day opportunity and support services, with an accompanying procurement plan. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Service model and procurement plan in place by September 2014 | | |
| Living well with a mental health problem | We will continue to implement our Commissioning Strategy for the Accommodation of Working Age Adults with a Mental Health Problem (AWA) | The existing accommodation strategy continues until 2016. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Delivery of strategy by 2016 | | |

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| GROWING OLD IN TOWER HAMLETS | | | | | | |
| Living well with a mental health problem | We will commission more dementia cafes to provide peer support for people with dementia and their carers (OP) | We will commission more dementia cafes. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | April 2014 | 2 additional dementia cafes have now been commissioned, bringing the total to 2 inclusive dementia cafes run in English and 2 Bangladeshi dementia cafes run in Sylheti, each running once a month for people with dementia and their | G |

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| | | | | | carers. The Alzheimer's Society won the tender to deliver these services, and the current contract will run until 31 st March 2017 | |
| High Quality Treatment & Support | We will ensure that older people have access to the Primary Care Mental Health Service (OP) | We will develop a refreshed service and activity model for the primary care mental health service | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Refreshed service model design in place by June 2014 | Work to develop primary care based mental health services currently underway; new capacity has been resourced by the CCG as part of 2014/15 plans | A |
| Not Due Yet | | | | | | |
| Building resilience: mental health and wellbeing for all | We will continue to work specifically to raise awareness of dementia (OP) | We will develop a public mental health and well-being programme which will include a portfolio of evidence based public mental health interventions, which will identify how we will deliver this, alongside other public mental health commitments over 2014/16 | Paul Iggledun, Public Health Consultant, LBTH | June 2014 for plan; commitment commissioned by end December 2014 | | |
| Building resilience: mental health and wellbeing for all | We will work with providers of home care and day care to improve mental health and dementia awareness with their staff (OP) | | Paul Iggledun, Public Health Consultant, LBTH | June 2014 for plan; commitment commissioned by end December 2014 | | |
| Building resilience: mental health and wellbeing for all | We will consider the findings of the Campaign to End Loneliness report and project, as well as other initiatives such as those developed by Age UK. Having done so we will work to develop our plans to tackle loneliness, with a particular focus on older people (OP) | | Paul Iggledun, Public Health Consultant, LBTH | June 2014 for plan; commitment commissioned by end December 2014 | | |
| High Quality Treatment & Support | We will review current community pathways for older adults with a functional mental health problem, in the context of our developing plans for integrated care in the borough in the context of the development of our integrated care model (OP) | We will review the older adults CMHT. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, | Review complete by June 2015 | | |

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| High Quality Treatment & Support | We will work with the Clinical Effectiveness Group at Queen Mary University to audit coding of people with dementia in primary care, and prescribing of anti-psychotic medicine to people with dementia, to enable us to understand patterns of prescribing in more detail, to inform future commissioning (OP) | We will carry out an audit of anti-psychotic prescribing in care homes. | THCCG Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Bill Sandhu, Head of Medicines Management, NELCSU | Complete by December 2014 | | |
| Hight Quality Treatment & Support | We will review pathways for people with alcohol-related dementia, and will consider the review to inform future commissioning (OP) | We will review pathways for people with alcohol related dementia. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Review complete by December 2014 | | |
| Hight Quality Treatment & Support | In the context of current occupancy across East London wards, we will review in-patient services for older adults with functional mental health problems (OP) | We will review the model for in-patient care of older adults with a functional mental health problem. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Review complete by June 2015 | | |
| Hight Quality Treatment & Support | We will commission specialist mental health input into the new community integrated care service to ensure that services can address the holistic needs of patients and service users in one place (OP) | We will develop a specification for mental health support in the community health service locality teams. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Specification in place by June 2014 | | |
| Living well with a mental health problem | We will develop a range of respite options appropriate for people with dementia, for carers to choose from (OP) | We will develop a range of respite options appropriate for people with dementia. | Barbara Disney, Service Manager, Strategic Commissioning, LBTH | March 2015 | | |
| Living well with a mental health problem | We will review pathways into services, and service specifications for commissioned residential, nursing and continuing care for people with dementia to improve the quality of these services (OP) | We will develop a refreshed service model for residential, nursing and continuing care for people with dementia. | Richard Fradgley, Deputy Director of Mental Health | Service model developed by March 2015 | | |

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| | | | and Joint Commissioning, THCCG | | | |

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| GENERAL | | | | | | |
| Foundations: Commissioning with commitment | We will invite the Police and London Ambulance Service to participate in the Tower Hamlets Mental Health Partnership Board, to ensure that there is a strategic overview of the management of mental health crises for Tower Hamlets residents (G) | We will review the Mental Health Partnership Board to ensure appropriate membership. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | June 2014 | Complete; crisis concordat event held with Police & LAS present and Concordat action plan to be presented to HWBB Autumn 2014 | G |
| Building Resilience: mental health and wellbeing for all | We will develop a rolling programme of training for GP's and other primary care staff on specific aspects of mental health (G) | We will develop a rolling programme of training for GP's and other primary care staff | Dr. Ashrafi Jabin, Clinical Lead for Mental Health, THCCG | In place by June 2014 | Training delivered on dementia, mental capacity act, learning disability since Strategy approved. GP survey on training needs due to be circulated w/c 4/8/14 | G |
| High Quality Treatment and Support | We will develop the interface between primary and secondary care, with a particular focus on further developing the presence of secondary care clinicians in a primary care setting, as detailed elsewhere in this strategy (G) | We will develop a refreshed service and activity model for the primary care mental health service | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Refreshed service model design in place by June 2014 | Work to develop primary care based mental health services currently underway; new capacity has been resourced by the CCG as part of 2014/15 plans | A |
| High Quality Treatment and Support | We will review our crisis pathway against the Crisis Concordat when published to ensure that we are compliant (G) | We will review our crisis pathway against the crisis concordat when published. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Review complete by June 2014 | Complete; Concordat action plan to be presented to HWBB Autumn 2014 | G |
| Building Resilience: | We will develop a refreshed commissioning plan for | We will develop a refreshed | Barbara Disney, | Plan in place by | This work has | A |

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| mental health and wellbeing for all | people with a learning disability and mental health problem (G) | commissioning plan. | Service Head, Strategic Commissioning, LBTH | June 2014 | been subsumed into the re-specification of Learning Disability Services. | |
| Not Due Yet | | | | | | |
| Foundations: Commissioning with commitment | To support effective working across the partnership with the wider range of stakeholders, we will hold an annual autumn Tower Hamlets Mental Health summit, to enable all stakeholders to come together to consider the Strategy action plans for the year ahead (G) | We will hold an annual mental health summit. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | First summit November 2014 | | |
| Foundations: Commissioning with commitment | We will develop an outcomes dashboard to track the delivery of this Strategy, which will be published on the CCG website (G) | We will develop an outcomes dashboard. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Paul Iggleddun, Public Health Consultant, LBTH | Outcomes dashboard in place by December 2014 | | |
| Foundations: Commissioning with commitment | We will review our service user involvement structures against the NICE Quality Standard and work with service users, Healthwatch, and voluntary sector groups to identify and provide opportunities to support service users who wish to become more involved in planning mental health services in the future (G) | We will review current user involvement structures and develop a revised model. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | Review complete and revised model in place by June 2015 | | |
| Foundations: Commissioning with commitment | We will develop our capability in using data to drive our commissioning practice, in particular in tackling inequality of access by protected characteristic (G) | With the development of payment by results we will proactively use the Mental Health Minimum Dataset to monitor activity by protected characteristic to inform future commissioning, and publish specific reports on our website. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | 2016 | | |

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| Foundations: Commissioning with commitment | We will identify and use opportunities for developing risk stratification models to help plan future mental health services (G) | We will monitor the literature on this emergent area. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | 2016 | | |
| Foundations: Commissioning with commitment | As staff experience and satisfaction is so key to an organizations ability to provide compassionate care, we will work locally and across the Consortium to consider potential measures of staff experience into contractual arrangements with mental health service providers in the future (G) | We will monitor the literature on this area. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | 2016 | | |
| Building Resilience: mental health and wellbeing for all | We will, across the Council and the CCG, as the two main public sector commissioning bodies in the borough, use the Time to Change pledge to encourage our suppliers to provide a mental health friendly workplace for their employees (G) | We will review our contracting documents and processes to incorporate provisions regarding mental health friendly employment. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Paul Iggledun, Public Health Consultant, LBTH | March 2015 | | |
| Building Resilience: mental health and wellbeing for all | Using the Time to Change pledge, we will continue to use the leadership of the Health and Wellbeing Board to tackle stigma and discrimination by raising awareness and promoting positive perceptions of mental health across the Borough (G) | We will develop a public mental health and well-being programme which will include a portfolio of evidence based public mental health interventions, which will identify how we will deliver this, alongside other public mental health commitments over 2014/16 | Paul Iggledun, Public Health Consultant, LBTH | September 2014 for plan | | |
| Building Resilience: mental health and wellbeing for all | We will develop our strategic partnership across the public and private sector to combat discrimination, encouraging local statutory organisations and local employers to sign the Time to Change pledge, and become mindful employers (G) | | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Paul Iggledun, Public Health Consultant, LBTH and Paul Iggledun, Public | September 2014 for plan | | |

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| | | | Health Consultant, LBTH | | | |
| Building Resilience: mental health and wellbeing for all | We will develop a local anti-stigma campaign. It will have a specific focus on BME communities, faith communities, and the LGBT community, where we have been told locally there is a need for focus (G) | | Paul Iggledun, Public Health Consultant, LBTH | June 2014 for plan; commitment commissioned by end December 2014 | | |
| Building Resilience: mental health and wellbeing for all | We will develop a new web resource that will provide easily accessible information on mental health services for children and young people, adults, and older people. The resource will act as a directory of mental health services for the borough, and an up to date repository of information about mental health related activities and events in the borough (G) | We will develop a new web resource. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | In place by December 2014 | | |
| Building Resilience: mental health and wellbeing for all | We will ensure that the web resource is publicized with community groups and services that support people who may not use the internet, so that people can be supported to access the information the web resource will hold. We will also ensure that providers publish relevant information in appropriate languages (G) | | | | | |
| Building Resilience: mental health and wellbeing for all | We will deliver our approach to raising mental health awareness through the commitments identified to tackle stigma and discrimination, as above (G) | We will develop a public mental health and well-being programme which will include a portfolio of evidence based public mental health interventions, which will identify how we will deliver this, alongside other public mental health commitments over 2014/16 | Paul Iggledun, Public Health Consultant, LBTH | June 2014 for plan; commitment commissioned by end December 2014 | | |
| Building Resilience: mental health and wellbeing for all | We will work with housing providers to improve mental health awareness with staff who work in and around housing (G) | We will develop a public mental health and well-being programme which will include a portfolio of evidence based public mental health interventions, which will identify how we will deliver this, alongside other public mental health commitments over 2014/16 | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Carrie Kilpatrick, Service Manager, Accommodation, LBTH | In place by March 2015 | | |
| Building Resilience: mental health and wellbeing for all | In our public mental health programme we will target health promotion interventions at all ages. We will seek | | Paul Iggledun, Public Health Consultant, LBTH | June 2014 for plan; commitment | | |

| Pillar | Commitment | Action | Lead Officer | Timescale | Comments | RAG |
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| wellbeing for all | to make them culturally relevant to our diverse population. We will ensure that commissioning focuses on improving the linkage between physical and mental health and contribute to the achievement of parity of esteem (G) | | Consultant, LBTH | commissioned by end December 2014 | | |
| Building Resilience: mental health and wellbeing for all | We will, across the Council and the CCG, as the two main public sector commissioning bodies in the borough, use the Time to Change pledge to encourage our suppliers to adopt an Emotional First Aid programme for their employees (G) | | Paul Iggledun, Public Health Consultant, LBTH | June 2014 for plan; commitment commissioned by end December 2014 | | |
| Building Resilience: mental health and wellbeing for all | We will develop a specific plan for young carers of parents with a mental health problem as part of our work to develop family orientated care and support (G) | We will develop a specific plan for young carers of parents with a mental health problem. | Karen Badgery, Service Manager, Childrens Commissioning, LBTH | March 2015 | | |
| Building Resilience: mental health and wellbeing for all | We will use the contractual levers available to us to improve the experience of carers of people with mental health problems (G) | We will consider options for CQUIN and quality indicators for improving carer support. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | 2016 | | |
| Building Resilience: mental health and wellbeing for all | With NHS England and public health within the Council, we will develop a JSNA factsheet specific to the mental health needs of offenders to help inform future commissioning arrangements (G) | We will develop a JSNA factsheet specific to the mental health needs of offenders | Paul Iggledun, Public Health Consultant, LBTH | March 2015 | | |
| Building Resilience: mental health and wellbeing for all | We will develop as part of our responsibilities under the Public Sector Equalities Duty, a dashboard for access to services by race and other equality strand, to inform future commissioning (G) | We will monitor activity by protected characteristic to inform future commissioning, and publish specific reports on our website. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | 2016 | | |
| Building Resilience: mental health and wellbeing for all | We will work with providers to improve recording of sexual orientation as part of equalities monitoring requirements to inform future commissioning (G) | We will monitor activity by protected characteristic to inform future commissioning, and publish specific reports on our website. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, | 2016 | | |

| Pillar | Commitment | Action | Lead Officer | Timescale | Comments | RAG |
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| High Quality Treatment and Support | We will develop a more complete understanding of prescribing activity for anti-psychotic and anti-depressant medicine in the borough. Led by our Commissioning Support Unit Medicines Optimisation Team, we will work across the Clinical Commissioning Group, East London NHS Foundation Trust and the Clinical Effectiveness Group at Queen Mary University to identify available meaningful information about prescribing practice, and triangulate this across primary care and secondary care to inform future commissioning and practice development, including the development of more robust care packages including shared care arrangements (G) | We will develop a methodology to understand prescribing activity and undertake a review. | THCCG Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG and Bill Sandhu, Head of Medicines Management, NELCSU | Complete by March 2015 | | |
| High Quality Treatment and Support | We will use the introduction of Payment by Results into mental health as an opportunity to develop clear clinically effective health and social care pathways, and to support service users to make choices about their care and support (G) | We will ensure that all preparatory work for payment by results is in place during the 2014/15 shadow year. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | March 2015 | | |
| Building Resilience: mental health and wellbeing for all | We will extend social prescribing to mental health (G) | We will consider the outcomes of the social prescribing pilot to establish the case for commissioning the pilot into mental health. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | 2016 | | |
| High Quality Treatment and Support | We will ensure that waiting times for mental health services are minimized, and we will publish waiting times for key services as part of our partnership dashboard (G) | We will publish waiting times for key services as part of our partnership dashboard. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | | | |
| High Quality Treatment and Support | In the review of the Healthy Lifestyles programmes, including healthy community and environment; maternity, early years and childhood; oral health, tobacco cessation; long term conditions, we will ensure that the specific barriers to access for people with a serious mental illness are addressed (G) | We will ensure that the specific barriers to access for people with a serious mental illness are addressed | Paul Iggledun, Public Health Consultant LBTH, and Esther Trenchard Mabere, Public | December 2014 | | |

| Pillar | Commitment | Action | Lead Officer | Timescale | Comments | RAG |
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| | | | Health Consultant, LBTH | | | |
| High Quality Treatment and Support | In particular within the Clinical Commissioning Group, we will identify and secure opportunities for supporting people with mental health problems in each of our major workstreams, including: Maternity, Children and young people, Urgent care, Planned care, Integrated care, Long term conditions, Last years of life, Information and technology, Prescribing, Primary care development (G) | We will ensure that the specific barriers to access for people with a serious mental illness are addressed | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | | | |
| Living well with a mental health problem | We will strengthen our approach to commissioning user-led grants to enable more service users to see their ideas for peer support realized in practice. We will also examine opportunities for service users to pool their personal budgets (health or social care) to form user led groups (G) | We will award 2 year grants for user led groups for 2014-16, and consider opportunities for pooled personal budgets | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | April 2014 for 2 year ULG contract award; June 2015 for personal budget consideration | Two year User Led Grants issued | G |
| Living well with a mental health problem | We will include in future specifications for relevant and appropriate services a requirement that an element of the service be delivered through peer support. This may include services delivered both by statutory and voluntary sector services (G) | We will consider opportunities for commissioning peer support as part of existing services. | Richard Fradgley, Deputy Director of Mental Health and Joint Commissioning, THCCG | 2016 | | |